

Lake Castle Tumbling Classes

Now held on Wednesdays!

*Class sizes are limited and students are grouped according to ability.
Classes will be held after school.*

SESSION 2 3:15 P.M. – 4:00 P.M. in Room 3A

PPK – 1st January 3, 17, 31 | Feb. 21 | March 6, 20 | April 17 | May 1
2nd – 3rd January 10, 24 | Feb. 7, 28 | March 13, 27 | April 10, 24

Cost: **\$110 includes \$5 registration fee**
All payments are NON-REFUNDABLE.
Space is limited. Sign-up early to ensure class placement.

Due: **No later than December 15, 2023**

Focus will be on correct drills to enhance beginner to advanced tumbling. All students will learn proper headstand, handstand, cartwheels, and back walkovers. Returning students will continue their previous program and advance accordingly. All students work on the balance beam and floor skills.

Contact donakiesel01@gmail.com for more information.



2023 TUMBLING – MRS. KIESEL

NAME _____ Homeroom _____

EMAIL _____ (please print)

CHECK # _____ **(payable to CASH) – due by Friday, August 4, 2023**
(non-refundable)

Dismissal: _____Carline _____ASC*

**Students who are not picked up in carline by 4:10 P.M. will be checked into ASC and charges will be incurred from that time.*