

Lake Castle Tumbling Class 2022

SESSION 2

Boys and girls in PPK – 3rd Grades
Mondays during Physical Education classes

Session 2: 13 weeks
January 3 – April 25, 2022
Classes are taught by Mauriel Rodriguez.

Focus will be on correct drills to enhance beginner to advanced tumbling. All students will learn proper headstand, handstand, cartwheels, and back walkovers.

Returning students will continue their previous program and advance accordingly. 2nd-3rd grade will also focus on motions and skills for cheer try-outs in the spring, if needed. All students work on the balance beam and floor skills.

Class sizes are limited and students are grouped according to ability.

Contact Dona Kiesel at donakiesel01@gmail.com for more information.



Cut and return to Dona Kiesel no later than December 16, 2021.

Tumbling 2022

Dona Kiesel

Student's Name: _____ Homeroom _____

Email: _____ Check # _____

Payable to CASH

COST: \$190 which includes a \$5 registration fee
(all payments are non-refundable)

Return in an envelope marked:

ATTENTION: Mrs. Dona Kiesel/Tumbling 2022.

Due no later than Thursday December 16, 2021.

SPACE IS LIMITED. Sign up early to ensure class placement.