

LAKE CASTLE BEGINNER TUMBLING CLASSES

- Open to any student PPK - 3rd grade
- Class size limited to 10 students per grade level
- Classes to be during P.E. on Mondays (Tuesday, if needed)

Students will learn basic skills in tumbling. Focus will be on correct drills to enhance intermediate to advance tumbling. Students will learn proper technique to strengthen the arms and legs enabling proper headstand, handstands, cartwheels, and back walkover.

Session I- August 29 thru October 17

Session II- October 24 thru December 12

Fee \$60 per session (non-refundable) due by Monday, August 22.

For more information, email *Dona Kiesel* at kwkdmk@att.net.

Tumbling

Dona Kiesel

Student's Name: _____

Homeroom: _____ Current Age: _____

_____ Session I (August 29 – October 17) \$60.00

_____ Session II (October 24 – December 12) \$60.00

Total: _____ Check # _____

Make checks payable to *Dona Kiesel*.

Return this form by *August 22* for 1st Session.